

DEPARTMENT OF PUBLIC HEALTH



COUNTY OF SAN BERNARDINO

OFFICE OF PUBLIC HEALTH ADMINISTRATION
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October 29, 2009
PR # 09-95
FOR IMMEDIATE RELEASE
REVISED 1:00 p.m.

H1N1 Flu Shots Available in San Bernardino County on Saturday

SAN BERNARDINO – The 2009 H1N1 influenza vaccine will be distributed at three San Bernardino County Public Health Clinics on Saturday, October 31. The Department of Public Health received 15,000 doses of the inactivated “flu shot” vaccine that has a killed virus in it.

Due to the limited supplies, only the following priority groups are recommended to get the H1N1 flu shot:

- Pregnant women,
- People who live with or care for infants younger than 6 months of age,
- Anyone from 6 months through 24 years of age,
- Anyone from 25 through 64 years of age with certain chronic medical conditions or a weakened immune system, and
- Health care and emergency medical personnel.

The three Public Health Clinics listed below will be open from **10:00 a.m. to 5:00 p.m.:**

799 East Rialto Avenue
San Bernardino, CA

1647 East Holt Blvd.
Ontario, CA

16453 Bear Valley Road
Hesperia, CA

The H1N1 intranasal FluMist vaccine will also be available at the clinics on Saturday. The FluMist is licensed for healthy individuals two to 49 years of age.

Children 10 years of age or younger should get two doses (30 days apart) of the H1N1 flu shot and FluMist vaccine for complete immunizations.

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County Administrative Officer

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Both the H1N1 flu shot and the intranasal spray vaccines will be free of charge. The seasonal flu vaccine will not be available at any of clinics this Saturday. Some health care providers also have the H1N1 vaccine, so people are encouraged to check with their doctor's office.

For the most up-to-date information on H1N1 or seasonal influenza, visit the San Bernardino County Department of Public Health website at www.sbcounty.gov/dph, or call 1 (800) 782-4264. More useful resources are also available through the U.S. Department of Health and Human Services website at <http://www.flu.gov/>.

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